



Committed to serve

Link Age

(R.O.) New No.90, Rama Naicken Street, Nungambakkam, Chennai 600 034.

**A Monthly Journal for Service and Advocacy
to all Age Groups, by Senior Citizens Bureau**



Bestow unconditional love

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OBITUARY

With deep sorrow and tearful eyes, I inform the sad demise of our beloved Founding Chairman and Chairman Emeritus **Major General ABAN NAIDU, PVSM, AVSM, M-in-D, LM: 01 (92)** at 5.00 pm on oct 21. He passed away peacefully at his residence.

He was a leading light to all of us and many NGOs. He had compassion and empathy for everybody irrespective of one's status. The commitment and involvement to the organisation he belongs to and to his dignified principles is exemplary. His contribution to the nation and to the society both in war and peace is extraordinary. His glorious life is a great loss to us. We salute him and convey our heartfelt condolence to the bereaved family. ❖

Homage to Maj. Gen. ABAN NAIDU, PVSM, AVSM, M-in-D in a family gathering at "BLESSINGTON" on 27th OCT, 2015, the 7th day of his demise

Good morning to everybody. I am fortunate to come into close contact with Maj. Gen. ABAN NAIDU, AVSM, PVSM, M-in-D and his family members for the past 25 years in his post retirement life for the cause of Elderly. In deference to the wishes of his son Er. Hari Naidu and grand daughter Ms. Shibani, I am restricting my speech to a few sentences.

Oh! Beloved Founding Father and Chairman Emeritus of Senior Citizens Bureau. You have nurtured the Bureau, so well and embraced all of us with your unblemished love and dedication that the organization stands tall today. We missed you very much in our mega event on 7th October 2015, to present our prestigious "SCB Award of Excellence" to you, while observing the commemoration of Inter National Day of Older Persons - 2015, at Ethiraj College for Women, Chennai, in the midst of your favorite gathering, (500+), of Elderly, Students, Teachers, Principal, Board Chairman and Hon. Minister for Social Welfare, Govt. of Tamil Nadu.

We were anxiously looking forward for resuming your normal daily activities of life at 92 (+) of age, to hand over this award. But Alas!, you have suddenly departed to eternal glory on 21st Oct, 2015, the concluding day of Navarathri. Today, we deem it as our proud privilege to hand over the Scroll and a humble memento to your glorious memory, full of top ranking awards and honor. Long live your warmth and dignity. We remain ever inspired. ❖

(Dr. Capt. M. SINGARAJA)



File photo of "World Elders Day at St. Stella Maris College, on 1.10.2010

Invitation - 181st & 182nd Programs



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SENIOR CITIZENS BUREAU

[R.O.] 90, Rama Street, Nungambakkam, Chennai - 34.
Ph : (044) 2823 1388 E-mail : singaraja@gmail.com



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Cordially invites you with your family members
For a meeting to pay homage to

Our Founding Father and Chairman Emeritus
(Late) Maj. Gen. ABAN NAIDU, PVSM, AVSM, M-in-D

At 10.00 am, on Sunday, the 22nd November 2015,
at **Aanvii Hearing Solutions,**
27, Barnaby Road, Near Aditya Hospitals,
Kilpauk, Chennai-10. (Ph. 044-42657666, 9941339519)
Bus Stop : Kilpauk Medical College Hospital

**Followed by a
HEARING LOSS ASSESSMENT CAMP
at the same venue**

In Commemoration of "World Elders Day".

Dr. Capt. M. SINGARAJA,
Chairman, Senior Citizens Bureau
Will preside over.

Dr. RANJANA GUPTA, M.S. (ENT), DLO
ENT Specialist and her team

Will make a presentation and assess the hearing loss.

All are welcome. ❖

S. Jayakumar
Secretary General / SCB

***NB : Lunch and EC meeting will follow immediately
after the camp.***



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SENIOR CITIZENS BUREAU

(Estd. 3/1996 & Reg. #. 370/2002)

(A free information and guidance centre for service and advocacy to all age groups)

R.O. : 90 (93), Rama (Naicken) Street, Nungambakkam, Chennai - 600 034.

Ph : 044 2823 1388 E-mail : singaraja@gmail.com



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SCB AWARD OF EXCELLENCE - 2015



Presented to

Maj. Gen. ABAN NAIDU, PVSM, AVSM, M-in-D LM:01
during the observance of commemoration of World Elders Day-2015,
on 7th October, 2015

CITATION

Today our country is blessed to have a very lovable son of India in Maj. Gen. ABAN NAIDU PVSM, AVSM, M-in-D, born on 27.01.1923. A person who has excelled in wearing different hats of responsibility throughout his life. His 37 years of glorious service in the Army saw him decorated with the highest PVSM and AVSM Awards. His shining qualities of valour, spirit of selfless service and sacrifice, fairness, and honest discipline and Integrity. A cosmopolitan attitude marked by spirit of comradeship and brotherhood with honour for all. He has truly excelled as a tactician leader, an able administrator as a military attachee and Advisor to our Govt.

A humanitarian citizen, after retirement he has founded Senior Citizens Bureau and brought forward caring changes in our lives; and civil problems solving. He has been awarded Kilpauk Ratna by Kilpauk Residents Welfare Association. As a dutiful father, as a caring husband; as a loving generous grand parent, as a charismatic to his cadets and fellow citizens; he is always focussed to help and serve. As a person who has held the fortune to make meaningful contact with Mahatma Gandhi, Pandit Jawaharlal Nehru, Sardar Vallabai Patel. Shri. Rajaji, Smt. Indira Gandhi, Shri Moraji Desai, American President Nixon and Lord Mountbattan. A very pious, religious person who holds fellowship values to heart makes "Love All, Serve All" as his motto.

Today Senior Citizen Bureau takes pleasure and Pride in conferring the "SCB Award of Excellence 2015" to Maj. Gen. Aban Naidu, PVSM, AVSM, M-in-D. May God's special blessing be always showered on this valuable son of India and his family, with good health and happiness. May they all continue this great trust with Humanity.

Signed on 7th October 2015
on behalf of Senior Citizens Bureau

Date : 07.10.2015
Place : Chennai - 600 034.

(Dr. (Capt.) M. SINGARAJA)
Chairman / Senior Citizen Bureau

SCB - 180th Programme - WORLD ELDERS DAY 2015 - 07.10.15



Launch of "AGE INCLUSIVENESS" by Hon'ble Minister



A section of the audience



A group photo with the awardees



A group photo with NSS volunteers and participants of the cultural program

Ethiraj College for women and Senior Citizens Bureau jointly organized 180th programme to commemorate the "World Elders Day" - 2015 at the Ethiraj College auditorium on Wednesday, the 7th October 2015, at 09.30 am. The lovely and beautiful auditorium of the college was bustling with activities. The NSS students beaming with board similes received all senior citizens and guests.

They escorted them, with affection, respect and dignity. All the senior citizens were filled with joy for the harmonious human touch till the end of the program at 1.00 PM.

The chief guest, Hon'ble Minister for Social Welfare and Nutritious Noon Meal Programme Government of Tamil Nadu, Tmt. B.VALARMATHI was received by the Principal, Board Chairman and SCB Chairman and lead to the stage accompanied by the College band and NCC team. She was then introduced to 90+ aged awardees. The entire crowd of 500+ took the pledge against Elder Abuse, administered by the Chairman Dr.M. Singaraja. Hon'ble Minister was then honored.

The Principal Dr. A. Nirmala, delivered the welcome address. Hon'ble Minister presented "SCB Award of Excellence" to 90+ aged awardees, Love and Gratitude Award to Thiru V. M. Muralidharan and Dr. A. Nirmala. She then released the special publication of "LinkAge" entitled "Age Inclusiveness". Afterwards she presented a gift from SCB to NAAM Foundation. The Chairman presented a copy of his thematic address containing representation to Govt. to solve issues of Senior Citizens at no expenditure and at a small expenditure. In her address the chief guest pointed that the happiness at home depends with the ladies. The girl child becomes the homemaker and then care taker of seniors. She highlighted how Hon'ble Chief Minister had increased the old age pension to Rs.1000. She obliged all with a group photo session and then took leave of everybody for an urgent official engagement.

The remaining the agenda was followed. Thiru V. M. Muralidharan, Chairman, Ethiraj College Trust gave his presidential address. Dr. M. Singaraja, presented his Thematic address. The theme declared by UNO

for IDOP 2015 is "Sustainability and Age Inclusiveness in the Urban Environment". He highlighted the challenges and issues faced by the elderly. The awardees Dr. Mrs. S. Kamakshi Sundaram and Prof. Dr. S. Ramaswamy acknowledged the award and responded, to the loud cheers of the audience. Mr.R. Venkatesan, IA & AS, Prof. Dr. V. Kanakasabha, Prof. Dr. V. Chocikalingam, Mr. Guhapat, AGM, Indian Overseas Bank Kilpauk Branch Mr. Ramesh Kumar, Executive VP of MED ALL and Dr. R. Rajalakshmi appreciated the congregation of both youth and elderly.

The VIPs joined for the cultural programme. The students presented Barathanatyams, debates, skits, songs and dances focusing intergeneration bond and problems. They enthralled the entire crowd. Dr. S. Ramaswamy and Mr. Peter regaled the audience with old classical melodies and old rock music respectively. The Principal gave way the gifts and certificates to the participants on behalf of Senior Citizens Bureau. The grand finale was the group photograph session with the Principal, Co-ordinators from the College and Bureau, and the Students, was resounding with smile, joy and selfyies. Chit and chatter were very infectious. All were very happy and contended. Mr.S. Jaykumar very deftly gave the vote of thanks. The curtain came down with the singing of national anthem. Lunch packets arranged by Mr. TV. Hariharan and Mr. TC. Dayalan were distributed to all. The office bearer and EC members of the Bureau were wearing the pink ribbon to signify the drive against Elder Abuse as per the guidelines of UNO. It was a proud memorable day on symbolizing the working together of elderly and youth (500+), harmoniously for the welfare of a "Society for All" successfully. ❖

EC Meeting for month of October 2015 was held at 2.00 pm, on 05.10.2015, at Ethiraj College. Discussion about World Elders Day to be held on 07.10.2015, was the single agenda. The NSS coordinators of Ethiraj College also participated in the discussion. Each and every point of the proceedings of World Elders Day was cleared thread bare and responsibility was allocated to EC members of SCB and NSS Coordinators. Several meetings of SCB Core Group and College administration preceded the EC meeting for observing World Elders Day.❖

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Birthdays : November**Wishing you a Cheerful, Peaceful and Prosperous Life**

Sl. No.	D.O.B	Memb No.	Name (Thiru / Tmt.)
1	1-11-1943	LM:837	N. Kumaran Thambi
2	2-11-1950	LM:506	J. Gurumurthy
3	3-11-1938	LM:345	Er. S. Manickam
4	3-11-1931	LM:25	C.R. Vaitheeswaran
5	4-11-1926	LM:872	K. Manivannan
6	4-11-1937	LM:558	L.K. Mathinirai Chelvan
7	4-11-1948	LM:687	Narendra J. Dave
8	5-11-1927	LM:413	K. Subbaiah
9	7-11-1927	JSL:698	M.S.D. Chandrasekar Raja
10	7-11-1943	AM:459	R. Selvaraj
11	7-11-1930	LM:575	R. Seshadri
12	8-11-1950	LM:376	K.V. Rajendran Raja
13	9-11-1944	LM:821	R. Loganathan
14	10-11-1947	LM:805	P.M. Pandian
15	10-11-1945	LM: 483	R.K. Agarawal
16	13-11-1939	LM:522	A. Dominic
17	16-11-1938	LM:130	P. Vadivel Raman
18	18-11-1933	LM:774	D. Kokila
19	18-11-1935	LM:883	Er. K. Manoharan
20	19-11-1949	LM:823	Er. G.N. Tharakaram
21	21-11-1934	JSL:848	A.K. Balakrishnama Raja
22	23-11-1938	LM:908	Yashodha
23	30-11-1932	LM:100	K.N. Krishnamoorthy

Your liberal contribution to Sunshine Fund is solicited**National / International Days November**

9-11	World Toilet Day	(I)
14-11	Children's Day	(N)
	(Birth anniversary of Jawaharlal Nehru)	
16-11	International Day for Endurance	(I)
17-11	World Students Day	(I)
17-11	National Journalism Day	(N)
18-11	World Adult Day	(I)
19-11	World Citizens Day	(I)
20-11	Universal Children's Day	(I)
21-11	World Television Day	(I)
25-11	World Non - Veg Prevention Day	(I)
26-11	World Environment Protection Day	(I)
26-11	National Law Day	(N)

Note : N = National I = International

Get well soon

Padmabhusan Dr.M. Sarada Menon, LM: 599 (92)
M.J.F. Lion V. Amruth Kumar, J. P, LM: 844 (92)
Er. K. Jayaraman, LM : 343 (78)
Major S. Ragunathan, LM: 809 (90)
Er. V. Balasubramiam, LM : 536 (86)
Thiru T. Rajarethinam, LM: 465 (87)
Tmt. R. Sundari Bai, LM: 538 (81)

We wish them speedy recovery. God Bless them**Welcome to Our Family Fold****I. NEW MEMBERS**

1) LM : 911 Ph : 9444456568 DOB: 15.06.1935
Thiru T.S. Natarajan,
Plot No.40B,VPR Appts., Door No.12, Ranganathasamy,
2nd Street, Laxmipuram, Chennai - 600 044.

2) LM : 912 Ph : 8978345025 DOB : 19.12.1940
Tmt. Pramila Ethiraj,
B-102, 4 Gray Shot Appts., Bishop Garden Extn.,
R.A. Puram, Chennai - 600 028.

3) LM:913 Ph: 044 2472 6617 DOB:
Prof. K.N. Rao,
3, 20th East Street, Kamarasar Nagar, Thiruvannamiyur,
CHENNAI - 600 041.

4) LM: 894 Ph: 9444905643 DOB:05.06.1943
Thiru KS. Ganesan
Flat G2, Jain Akansha, 8, Rathinammal Street,
Kodambakkam, Chennai - 600 024.

II. CONVERSION TO LIFE MEMBER

5) LM: 410 Ph: 9791087426 DOB:09.07.1945
Thiru N. Ganapathy, C/o. M. Nagarajan,
51/22, O.V.M. Street, Chepauk, Triplicane, Chennai - 5. ❖

Acknowledgment**Thanks a lot & God Bless You****I. Sunshine Fund**

1	Thiru V.K. Ramagopal	LM:770	₹	200/-
2	Thiru V.S. Venugopal	LM:576	₹	250/-

II World Elders Day - Donation

1	Thiru R. Venkatesan	LM:07	₹	2000/-
2	Thiru K.S. Ganesan	LM:894	₹	1000/-
3	Prof. R. Bhahirathi	LM:582	₹	500/-
4	Thiru K.S. Shanmugam	LM:665	₹	1000/-
5	Thiru R. Thangaraj	LM:847	₹	500/-
6	Kay Yee Pee Foundation Thiru C.N. Prasad)	LM:846	₹	2222/-
7	Er. S. Ranganatha Rao	LM:29	₹	500/-
8	Cdr. S.V. Iyer	LM:367	₹	1000/-
9	Indian Overseas Bank - Kilpauk		₹	1000/-
10	Dr. S. Kamakshi Sundaram	LM:16	₹	5000/-
11	Tmt. D. Ambika	LM:54	₹	750/-
12	Er. K. Jayaraman	LM:343	₹	201/-
13	Dr. S.S. Rajagopalan	LM:597	₹	2000/-
14	Maj. Joy Koruthu	LM:884	₹	1500/-
15	Tmt. P.S. Rajam	LM:502	₹	3000/-
16	Padmasri Dr. V.S. Natarajan	LM:02		25 Books

News from our Networking Associates

FOSWL India, Chennai Anna Nagar invites you for its monthly meeting at 5.00 P.M., on Sunday 22.11.15 at Karuna Enclave, SMF Annex, opp: Hotel Akshyam, Shanthi Colony, Anna Nagar, Chennai- 40. Thiru Santhanarajan, speaks on the topic "FOOD SAFETY". ❖